



**Sunshine Gym**  
Outdoor Fitness Equipment

**T:** 01782 571719

**E:** [sales@sunshinegym.co.uk](mailto:sales@sunshinegym.co.uk)

**W:** [www.sunshinegym.co.uk](http://www.sunshinegym.co.uk)



**Outdoor Gym  
Equipment**  
for Key Stages 1 & 2





## Premium sport & play equipment for primary schools

Sunshine Gym is a UK leading designer, supplier and installer of outdoor fitness equipment trusted by schools nationwide.

Innovation, safety and quality come as standard with Sunshine Gym. We care passionately about improving young people's health and wellbeing and aim to make outdoor exercise accessible and engaging for every child.

The enjoyment and benefits that come from an outdoor gym span beyond providing an exercise facility for your current pupils. As a school you will be investing in a healthier future with a cost-effective, inclusive, flexible, and durable outdoor gym which is built to stand the test of time.

Sunshine Gym is a division of family-owned engineering group Broxap Ltd. Formed in 1946, Broxap is the UK market leader in the design, manufacture and installation of high specification street furniture, all types of shelters, design and build projects plus sports and playground equipment.

### Sunshine Gym mobile app



Complete with lesson plans, how to use instructions and workout timers, our app assists in developing the knowledge & skills of the teaching staff to deliver even better PE lessons.



Scan here to find out more

### Connect with us



# The benefits of a Sunshine Gym...

### Active Break Times

Often becoming the highlight of the playground, a Sunshine Gym will promote physical activity to every child.

### Builds Sports Capacity

Sunshine Gym equipment and training lets you add to the physical activity your school offers – making sustainable improvements to benefit both current and future pupils.

### Encourages Least Active Children

Nearly 1 in 3 UK children aged 2 to 15 are currently overweight or obese, storing up future health problems. Appropriate levels of physical activity help to maintain a healthy body weight.



### Enjoyable Participation

A Sunshine Gym is great fun for children to use, needing no encouragement to exercise freely with a smile on their face.



### Develops PE & Physical Activity

The PE curriculum requires 120 minutes of weekly exercise – easily achievable with a Sunshine Gym. Enhance other lessons too, like maths, by charting progress.



### Improves Academic Performance

Recently published university studies indicate that even a slight amount of physical activity can boost a child's classroom performance and results by up to 20%.

### Increases Vitamin D Absorption

Preventable vitamin D related diseases such as rickets are making a comeback. Time spent outdoors is essential for absorbing vitamin D – also known as the 'Sunshine Vitamin'.

### Promotes Social Engagement

Sunshine Gym outdoor gyms encourage self-expression, self-confidence, social interaction and integration as pupils exercise together in lessons and breaks.

### Inclusive For All Pupils

Our accessible equipment lets children of varying abilities and fitness levels take part in cardiovascular exercises, with some items suitable for children who are wheelchair users.

# The evolution of outdoor fitness

## Multi Gyms...

### 1 Sociability

The layout of our Multi Gyms encourages interaction between users for greater motivation and better results. When there is so much fun to be had working out with friends, pupils are naturally inspired to take part in active play at break and lunch times when a Multi Gym is available. And because every user exercises at their own pace and speed, no child gets left behind.

### 2 Increased Physical Activity

From the least active to the super sporty, a Multi Gym brings all pupils together. Without realising they are taking part in a workout, it won't be long before youngsters are chatting and laughing as they complete their fitness routines, completely unaware of the health and fitness benefits they are gaining from every minute of exercise.

### 3 Space Saving Design

Thanks to our unique designs, a Multi Gym really maximises the outdoor space available without compromising on safety. By joining the equipment together using our covered linking brackets, the overall footprint that the equipment occupies is reduced by over a third when compared to having the equipment individually. All built to a child-friendly specification, Sunshine Gym's Multi Gyms are comfortable to use and easy to operate.

### 4 Inclusivity

Our Activ8 & Integr8 Multi Gyms are fully inclusive with stations that are also suitable for wheelchair users. These Multi Gyms include a set of Tai Chi Discs and an Arm Bike that are great for upper body cardiovascular workouts. Being part of a Multi Gym allows all users to have fun and exercise together.

### 5 Tackles Obesity

With a range of equipment combinations to choose from, a Multi Gym from Sunshine Gym delivers a full body workout. Focusing on cardiovascular movements to strengthen the heart, increase fitness and keep youngsters in shape, Multi Gym exercises get the arms and legs pumping and the core engaged. Whether users are completing a 10-minute lunchtime workout or an hour-long PE lesson, there are always lots of health benefits to be gained.

Multi Gym workouts are suitable for people of **all ability levels and ages** - in fact the better the mix the better the workout!



Most Popular



### MOTIV8 Multi Gym BX/SG 7003

For up to  
**8 Children**

**£4,847** Equipment

**£1,774** Installation\*

Suitable for up to eight users, our Children's Motiv8 is designed to maximise the 'fun' factor utilising two of each of our most popular pieces of equipment for key stage 1 & 2 users. Based purely on cardiovascular exercise, you'll only see happy faces working out on this Multi Gym.

We've combined not one, but two of each of our Health Walkers, Slalom Skiers, Sky Steppers and Horse Riders into one complete multi gym so that up to eight people can exercise together at any one time.

We identified that a main key driver in encouraging children to exercise is to simply make sure they are having a great time and the Children's Motiv8 is our number one choice to get even the most reluctant of children exercising.

*"The very best outdoor gym for Primary Schools, maximising fun, social interaction and extended exercise for 8 users every break & lunch time for the next 10 years plus. This is the very best in outdoor gym equipment and will be the highlight of the playground."*

### What does a Children's Motiv8 Multi Gym offer?

- ✓ The ultimate 'fun factor' multi gym.
- ✓ A complete social exercise experience.
- ✓ Reduce childhood obesity with cardiovascular exercises.
- ✓ Minimal footprint to reduce space required.
- ✓ Sunshine Gym safety system including safety stops and rubber trims.



**INTEGR8 Multi Gym**  
BX/SG 7002

For up to  
**8 Children**

**£4,268** Equipment

**£1,712** Installation\*

Designed to bring the social groups of the playground together at the same time, the Integr8 Multi Gym includes a Double Health Walker, Double Slalom Skier, Sky Stepper, Horse Rider as well as two fully inclusive stations, the Tai Chi Discs and Arm Bike, allowing up to eight children of all abilities to exercise together.



**Spacesaver Multi Gym**  
BX/SG 7004

For up to  
**4 Children**

**£2,316** Equipment

**£950** Installation\*

Our Spacesaver Multi Gym includes two Slalom Skiers, a Sky Stepper and a Horse Rider all combined into one multi gym to maximise the social interaction of the users while reducing the footprint required to install the gym. It's a great piece either alone or as part of a larger gym.



**ACTIV8 Multi Gym**  
BX/SG 7000

For up to  
**8 Children**

**£3,326** Equipment

**£1,462** Installation\*

Our Activ8 Multi Gym offers a wealth of different and inclusive activities for up to eight users at any one time, featuring a Double Health Walker and two Slalom Skiers for physical movement, coupled with a Double Waist Twister plus a Tai Chi element for coordination and Arm Bike set up suitable for all abilities including wheelchair users.



**Energise Multi Gym**  
BX/SG 7005

For up to  
**4 Children**

**£1,865** Equipment

**£450** Installation\*

If you're looking to save on space and maximise the social experience then the Energise Multi Gym is a great choice. Ideal for a cardio workout that emulates power walking and slalom skiing for up to four users at any one time, the Energise features a Single Slalom Skier at each end, flanking a Double Health Walker - one of our most popular pieces in primary schools.



**Combi Sky Stepper & Horse Rider**  
BX/SG 7006

For up to  
**2 Children**

**£1,521** Equipment

**£350** Installation\*

Combining a Sky Stepper and a Horse Rider in one unit to save on space, the Combi Sky Stepper & Horse Rider offers two very different exercises for a true whole body workout. This Multi Gym piece of equipment encourages social interaction between users.

Most Popular



**Double Health Walker**  
BX/SG 4005

£1,010 Equipment

£399 Installation\*

Our most popular piece of equipment, the Double Health Walker allows children to enjoy mimicking walking or running in a non-competitive environment. The much loved Double Health Walker allows two users to take part in a cardiovascular workout together. Children can set their own pace whilst working on their balance and flexibility.



**Horse Rider**  
BX/SG 4007

The Horse Rider recreates the galloping action of being on a horse, engaging the upper and lower body.

£586 Equipment

£275 Installation\*



**Arm & Pedal Bicycle**  
BX/SG 4011

The Arm & Pedal Bicycle can help build confidence and general fitness among pupils as it is easy to use.

£750 Equipment

£350 Installation\*



**Double Slalom Skier**  
BX/SG 4006

The Double Slalom Skier boosts coordination through lateral (side-to-side) exercise, with users face to face.

£795 Equipment

£275 Installation\*



**Sky Stepper**  
BX/SG 4009

Similar to an elliptical trainer, the Sky Stepper is a full body workout, requiring upper and lower coordination.

£935 Equipment

£275 Installation\*



**Rower**  
BX/SG 4008

Our Rower has a similar design to indoor rowing machines and offers a great workout for building stamina.

£885 Equipment

£275 Installation\*



**Waist Twister**  
BX/SG 4002

A favourite for up to three playground chatterboxes, great for flexibility and coordination.

£839 Equipment

£450 Installation\*



**Double Strength Challenger**  
BX/SG 4004

This stretches arms and shoulders as users are challenged to successfully turn the disc in their direction.

£512 Equipment

£275 Installation\*



**Tai Chi Discs**  
BX/SG 4010

Our Tai Chi Discs encourage flexibility through the circling of the arms and shoulders.

£600 Equipment

£275 Installation\*



**Double Sit Up Bench**  
BX/SG 3001

The Double Sit Up Bench is designed for comfort, supporting users of all fitness levels, for the common household exercise.

£775 Equipment

£275 Installation\*



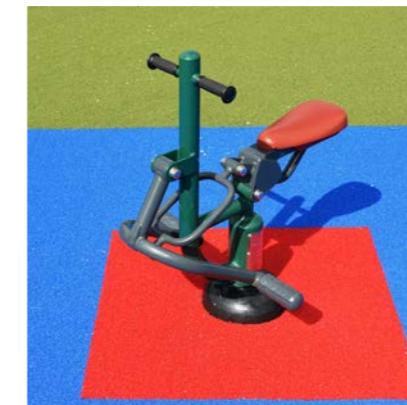
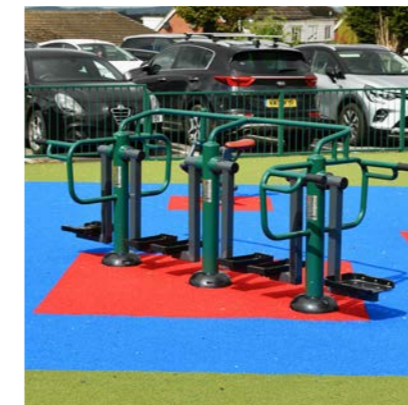
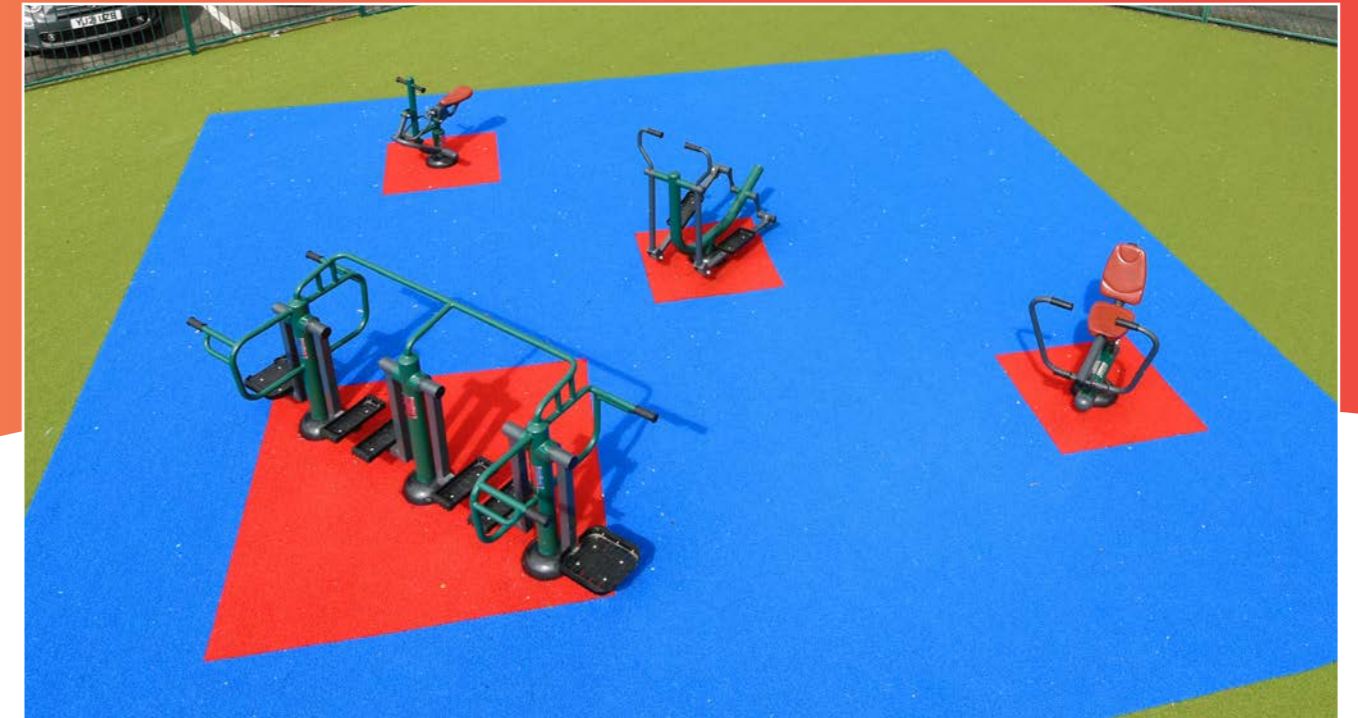
**Leg Stretch**  
BX/SG 4003

Including the Leg Stretch in an outdoor workout will help users to increase their range of motion.

£485 Equipment

£275 Installation\*

# Case Study: Park Hall Academy, Stoke-on-Trent



A colourful new sports arena accompanies an outdoor gym zone at Park Hall Academy. The Stoke-on-Trent School worked with our team to design a multifunctional sports area to inspire pupils, parents and teachers to get active.

Our installers supplied and fitted an artificial coloured grass court with markings for basketball, netball and football. A four-lane running track was also included with a mile-a-day lap counter. A striking blue square marks out the outdoor gym, with red patches highlighting the location of the equipment.

**Featured Products:**

- Energise Multi Gym
- Rower
- Sky Stepper
- Horse Rider
- Artificial Grass Surfacing



Scan here to view case study online

# Installation Perfection

It wouldn't be right for the best outdoor gym equipment to be just 'installed'. Sunshine Gym takes outdoor gym installations to the next level. The below is what you can expect from our expert in-house installation teams:

- 1

### All In-line

One of the very first tasks for our installation team after unloading is to mark out the positions of the equipment. To start this process, a string line is used to ensure all the ground anchors are in a perfect row, making the gym look superior, enhancing the playground or playing field.


- 

### School Specialists

Our teams have worked in schools nationwide and are always accommodating to your needs. For example, we like to start early, getting fully unloaded and set up before even the first child arrives to ensure there are no interruptions to the morning drop off period. Should there be any specific requirements, just let us know.

2
- 3

### Safety First

At Sunshine Gym, safety on site is a number one priority. Before we start any works, suitable barriers are erected and area secured. Our in-house teams are enhanced DBS checked, fully trained in site safety, have completed first aid training as well as being qualified RPII operational inspectors, hold CSCS cards and are fully trained to use cat scan equipment. No safety measure is too much for us.


- 

### Foundation Size

Our standard concrete foundation is 700mm width, 700mm length x 600mm deep. At this size (double that of some competitors) we are 100% confident that the equipment will remain fixed within its foundation for its full lifespan and can even be re-used for new designs, future-proofing the installation.

4
- 5

### Rapid Set Cement

We use a C40 concrete mix, with the addition of fibres for extra reinforcement, mixed with Rapid set cement so the foundation sets in the minimum amount of time. Too often we see competitors using weak mixes in their installations. These are highly likely to fail easily well within the lifespan of outdoor gym equipment.


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### Finishing

Our process includes a full clean down of the installation. On grass surfaces, a high-quality seed is applied to give the ground the best chance of a speedy recovery. On hard surfacing, the top layer of concrete is mixed to closely match the existing surface. All work is finished to a premium standard, we don't complete until you're happy.

6

# Surfacing Options



Scan here to find out more

## Quality from top to bottom

All equipment listed in this brochure can be installed into grass or into a hard surface playground and not require a safety surface to meet the critical fall height requirements of BS EN 1176:2017 or BS EN 16630:2015 (standards listed are partially used as a guide by RPII inspectors for our equipment).

However, we still offer a range of surfaces to make an outdoor gym more inviting, provide a surface to keep ground wear to a minimum or to reduce ground maintenance in the future for example. The following surfaces are our favourites, when used in conjunction with a Sunshine Gym.

- 1

### Artificial Grass



  - ✓ The best looking surface to complement an outdoor gym.
  - ✓ The most inviting surface, especially in an area of a lot of grey such as a school playground.
  - ✓ Year-round access – no gym down time in the winter.
  - ✓ Easily maintained in a secure environment.
  - ✓ Tough and long lasting, using the best 'playground specification' materials.
- 2

### Wet Pour




  - ✓ A fantastic visual surface that can be suited to any location.
  - ✓ Recognised as a 'safe' and inviting area for users of all ages and abilities.
  - ✓ Year-round access – no gym down time in the winter.
  - ✓ Low maintenance surface and easily cleaned.
  - ✓ Tough, long lasting with many colours available.
- 3

### Bound Rubber Mulch



  - ✓ Natural looking artificial surface that blends in with natural environment.
  - ✓ Recognised as a 'safe' and inviting area for users of all ages and abilities.
  - ✓ Year-round access – no gym down time in the winter.
  - ✓ Lower cost surfacing option when compared to wet pour and artificial grass.
- 4

### Grass Saver Mats



  - ✓ Cost effective option to protect the natural ground, even in areas of heavy footfall.
  - ✓ Natural appearance once grass has established, usually 3-4 weeks in the spring and summer.
  - ✓ Provides a hard standing (or soft-hard as they are impact absorbing) for users of equipment.
  - ✓ All corners are dug in to eliminate trip hazards around the perimeter.

# Case Study: Hartford Manor Primary School, Cheshire



An outdoor fitness area created by Sunshine Gym has increased capacity for physical activity at Hartford Manor Primary School.

Thanks to funding from the school's parent teacher association, Friends of Hartford Manor, outdoor gym equipment, with enough stations for 15 children to exercise together at any one time, has also been installed.

In its new outdoor fitness area, the school has chosen a mix of children's outdoor gym equipment to keep exercise fun and interesting. The equipment incorporates both stretching and mobilisation exercises as well as a cardiovascular workout.



Scan here to view case study online

### Featured Products:

- Activ8 Multi Gym
- Rower
- Double Strength Challenger
- Horse Rider
- Sky Stepper
- Double Slalom Skier
- Bound Rubber Mulch Surfacing

# Our quality guarantees



Scan here to find out more

Outdoor fitness equipment from Sunshine Gym is built with longevity and durability in mind.

Our expert teams of trained technical advisers guide customers through their journey with us, offering product insight, free consultations and site visits, transparent pricing and excellent aftercare.



25 Year Structural Guarantee



5 Year Paint Guarantee



5 Year Surfacing Guarantee



2 Year Moving Parts Guarantee

### Our Accreditations

Full details at [sunshinegym.co.uk](http://sunshinegym.co.uk)



## Pupils give Sunshine Gym their seal of approval

"The gym has made lunchtimes better because there are more activities to do on the playground."

"The gym is fun and keeps us fit and active."

"We like the walking equipment and the swinging equipment!"

"We wouldn't change the gym. We would just like even more equipment!"

"We enjoy the gym because it is a fun way to exercise and it makes us feel strong."

"Our favourite day of the week is a Wednesday because we get to use the gym!"



# Street Furniture

Our streetscene range is inclusively designed to bring people together and make shared spaces accessible to everyone.



**Puddle Seat**  
BX17 1001

Available with painted iroko hardwood slats in brown, green, yellow, red or blue, the Puddle Seat can brighten up any spot.

From **£314**



**Sturdy Bench**  
BX71 3950

The Sturdy Recycled Plastic Bench comes in a selection of sizes and colours making it perfect for any school setting.

From **£241**



**Rainbow Recycled Plastic Picnic Unit**  
BX71 3959

A bright, eye-catching picnic unit that is great for school playgrounds.

From **£459**



**Leamington Picnic Bench**  
BX/PD 450014

Perfectly proportioned for little ones, this bench is safe, sturdy and highly functional.

From **£576**



**Maelor Trafflex 90 Litre Litter Bin**  
BXMT/444/G

High security, vandal resistant plastic litter bin with a steel reinforced frame.

From **£184**



**Derby E Litter Bin**  
BX45G 2550-E

Economical version of our original Derby litter bin, with many aspects retained to offer our unique build strength synonymous with this range.

From **£293**



**Hand Made Places**

a division of **broxap**



Scan here to view our new brochure

A sub division of Broxap, Hand Made Places is one of the UK's leading timber playground equipment designers, manufacturers and installers.



**Meadows Play Unit**  
BX/HMP 150010

This climbing frame encourages physical and active play - creating a fun exercise for children of all ages. (Suitable for ages 5 and up)

From **£7,345**



**Toddlers' Tower**  
BX/HMP 060008

The Toddlers' Tower play equipment item provides a low level, low cost option for smaller areas when you want something a little different.

From **£3,750**



**Teepee**  
BX/HMP 250034

The Teepee gives the children the feeling of being in a secret place that will stimulate their imagination whilst still being easy to supervise by adults.

From **£1,780**



**Darell Gazebo**  
BX/HMP 200012

The Darell Gazebo is one of our larger, most stunning and popular gazebos, offering a beautiful focal point of any school playground or outdoor area.

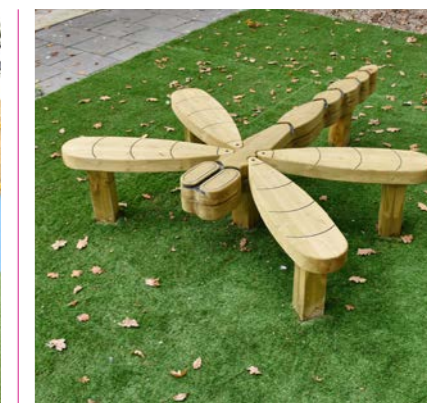
From **£5,245**



**Storyteller's Chair**  
BX/HMP 450028

The storyteller's chair is a beautiful wooden carved chair that encourages children to develop literacy, reading and communication skills.

From **£546**



**Dragonfly Sculpture**  
BX/HMP 350007

Our beautifully crafted wooden Dragonfly is a firm favourite in the play sculpture range. Its long body and 4 wings makes it a perfect seat small groups of children.

From **£552**

# Shelters & Canopies

Our products create **inspirational environments**, connected locations and deliver **positive outdoor experiences** to enhance the potential of any educational setting.



**Newcastle Monopitch Canopy**  
BXMW/NEWS/MONO

The Broxap Newcastle Monopitch Canopy is a versatile and modular shelter which can be used as a canopy or walkway, and can easily be extended to form larger walkways.

From **£1,804**



**Barton Tensile Walkway**  
BXTS/BAR-WALK

The Barton offers stylish circular uprights with an eye catching scalloped edge to the fabric. Ideal for applications where a fabric canopy is required to offer weather protection and shade.

From **£POA**



**Delamere Monopitch Canopy**  
BXMW/DEL-MONO

The Delamere Monopitch Canopy is one of our most popular timber canopies offering a beautiful natural finish along with strength and durability.

From **£3,433**



**Delamere Timber Walkway**  
BXDB/DEL/MONO-WALK

The flat monopitch roof features a high strength structural multiwall polycarbonate cladding. Corners and bends can be easily accommodated using hip joints or individual canopies which overlap.

From **£POA**

# Cycle Shelters & Storage

We offer an **extensive range** of cycle shelters, hubs, compounds, cycle stands and cycle racks. We have a cycle parking solution to suit every budget.



**Sofco Junior Cycle Shelter**  
BXMW/SJ

The Sofco Junior Cycle Shelter is a simple solution for cycle & scooter storage.

From **£1,571**



**New Sheffield Cycle Shelter**  
BXMW/SEF

This cycle shelter can be linked together to create banks of shelters.

From **£1,301**



**Wardale® Cycle Compound**  
BXMW/WAR/COM

This modular compound is an attractive addition to any external area.

From **£2,542.37**



**Scooter Rack**  
BXMW/SCO

The Scooter Rack can be single sided or double sided and can be manufactured to any size or length.

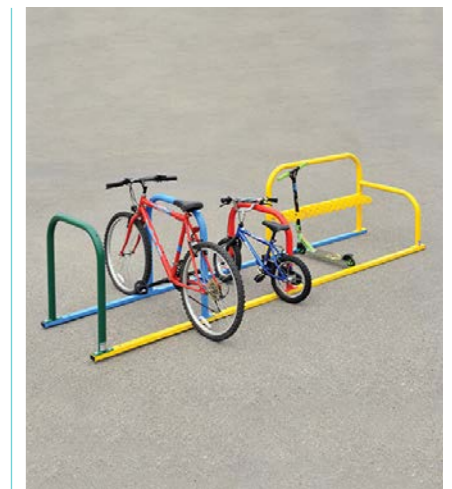
From **£155**



**Sheffield Cycle Stand**  
BXMW/GS/SHEFFIELD-STAND

This best selling cycle stand allows the bike to be secured in a variety of ways.

From **£34.99**



**Hybrid Cycle/Scooter Rack**  
BXMW/GS/HYB

Combines Sheffield cycle stands with a scooter rack to any size or length.

From **£POA**

# Gym Package Deals

## Primary School Outdoor Fitness Package

Our most popular package for pupils at Key Stages 1 & 2 to maximise the fun factor.

For up to **8 Children**



Includes: Arm & Pedal Bicycle, Rower, Horse Rider, Double Slalom Skier, Double Health Walker, Sky Stepper

**£4,961** Equipment

**£1,849** Installation\*

## Primary School Activ8 Plus Package

This package is ideal for PE lessons but also includes 'fun factor' pieces of equipment and inclusive equipment.

For up to **15 Children**



Includes: Activ8 Multi Gym, Energise Multi Gym, Waist Twister

**£6,030** Equipment

**£2,362** Installation\*

## Primary School Performance Package

A package to cover all fitness elements, perfect for cardio, mental agility and coordination.

For up to **15 Children**



Includes: Energise Multi Gym, Tai Chi Discs, Horse Rider, Double Sit Up Bench, Double Slalom Skier, Waist Twister, Arm & Pedal Bicycle

**£6,210** Equipment

**£2,350** Installation\*

## Book a free site visit

We provide free site visits & consultations either in person or virtually for all projects.



Sunshine Gym  
Rowhurst Industrial Estate,  
Chesterton, Newcastle-under-Lyme,  
Staffordshire ST5 6BD

01782 571719  
sales@sunshinegym.co.uk  
www.sunshinegym.co.uk



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